## Shopping with Mom

I love going to the grocery store with my mom because I get to be mom's little helper. I help find the shiniest apples and put them in a bag and I even get to help pick things off the shelf like cereal and soup.



I practice my colors and counting and I learn about all the different kinds of foods people like to eat. Sometimes there are even free samples. Yum! Going to the grocery store is not only a lot of fun, but it's also a great way to learn about so many different things.



Do you like going to the grocery store?

## Be Safe when You Cross the Street

And if there are stop lights, do you always cross the street when the walk sign or green light tells you that it's safe to go?



